

LUNCH

PERI PERI FRIED CHICKEN: 8.00
HIFI FRIED CHICKEN, PERI PERI MAYO, LETTUCE, TOMATOES ON A FRESH EGG ROLL

HOUSE MADE CHICKEN SALAD: 8.00
POACHED CHICKEN IN LEMON & THYME; MADE WITH MAYO, SCALLION, CELLERY AND SERVED WITH LETTUCE, PARMESAN AND TOMATO ON WHEAT, WHITE OR LETTUCE WRAP

NEW DEAL ITALIAN: 9.00
GENOA SALAMI, HAM, CAPICOLA, PROVOLONE, ONION, BANANA PEPPERS, HOTS, RED WINE VINEGAR, OLIVE OIL, LETTUCE, TOMATOES AND OREGANO ON FANTINI ROLL PRESSED OR TOASTED

CYPRIAN: (V) 10.00
GOLDEN HALLOUMI (SHEEPS CHEESE) WITH FRESH OR ROASTED TOMATOES, VIDALIA ONIONS AND A HOUSE MADE LEMON DRESSING ON A TOASTED FANTINI ROLL

EGGPLANT PANINI: (V) 9.00
BREADED EGGPLANT, PROVOLONE, PESTO, PARMESAN, ROASTED TOMATOES, CARAMELIZED ONION ON CRUSTY ITALIAN BREAD

HIFI BLT: 7.00
CHERRY WOOD SMOKED BACON, LETTUCE, TOMATOES AND MAYO ALL ON CRUSTY ITALIAN BREAD OR WHITE BREAD

K.I.S.S. HAM OR TURKEY SANDWICH: 9.00
MAYO, LETTUCE, TOMATOES, CARVER HAM OR TURKEY AND CHEDDAR CHEESE ON FRESH WHITE BREAD

DEEP FRIED BRISKET BURGER: 12.50
HIFI FRIED BRISKET WITH HOUSE MADE SLAW, MAYO AND JAMES RIVER BBQ SAUCE ALL ON A FRESH EGG ROLL

HAM OR TURKEY CLUB: 9.50
CARVER HAM OR TURKEY, CHERRY WOOD SMOKED BACON, LETTUCE, TOMATOES, ONION, CHEDDAR AND MAYO ON LIGHTLY TOASTED WHITE BREAD

ADD A SIDE: \$2
FRIES OR CHIPS OR SLAW

BASKET OF \$4
FRIES OR CHIPS: